



NEWSLETTER OF THE FORT WAYNE TRACK CLUB

# the inside track

OCTOBER, 1983



# THE Inside TRACK

## 1983 FWTC Race Schedule

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3407 Casselwood Drive  
Fort Wayne, IN 46816

The Inside Track Newsletter is printed by students in the Graphics Arts Program at Harding High School as a non-profit educational experience.



### 1983 FWTC POINTS RACE SCHEDULE

Saturday	September 24	Parlor City Trot	Bluffton
Sunday	October 23	Home Loan	
		10K	Freimann Park
Sunday	November 13	European Cross	
		Country 9K	Bluffton
Saturday	November 19	25K	Homestead

Look at your mailing label. Your membership expires on the month and year listed. If there are questions, contact Phil Shafer, P.O. Box 189, Ossian, IN 46777. Send renewals directly to FWTC, P.O. Box 11703, Fort Wayne, IN 46860.

## CHANGE OF ADDRESS

Attach your magazine label here.  
Please print your new address below.

Return this coupon to:

Phil Shafer  
P.O. Box 189  
Ossian, IN 46777

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

For information about the use of FWTC Timing Equipment contact Terry Shipley at 485-8769.

For Track Club information contact John Treleaven at 432-5315

### Advertising Rates

Race Applications.....\$25.00  
Full Page Ads.....\$55.00  
Half Page Ads.....\$37.50  
Quarter Page Ads.....\$22.50

*All copy must be in the hands of the editor by the 10th of each month for the following months newsletter. Discounts are available for ads that run more than three months. Contact Chuck DeVault, Advertising Coordinator, 2420 Nordholme Avenue, Fort Wayne, IN 46805 219/482-2272*

# The best kept secret in town

The majority of Americans consider themselves to be generally healthy, but not enough of our national concern or resources are devoted to keeping them healthy. The ravages of heart attacks and other chronic diseases are being treated after the fact, when preventing such tragedies would be vastly preferable and cheaper.

The YMCA in 1960, became the only organization in the world to have a certifying instructors cardiovascular Health Program. This allowed the YMCA to become more effective in improving Americas health.

Part of this program is a physical fitness evaluation, given to individuals in order to show changes in physical fitness before and after engaging in exercise programs.

The fitness evaluation can be completed in 30 minutes and scheduled by appointment by calling 422-6486 and asking for Lyn Schlegel. A special fee of \$5.00 for this evaluation is being offered to Fort Wayne Track Club members.

The evaluation consists of:

1. Resting Blood Pressure:  
Like Pulse Rate, blood pressure is cardiovascular system. Normal and abnormal ranges are shown.
2. Body Composition (% fat)  
Determination of your percent body fat is felt to be better predictor of fitness and health status than the standard Height-Weight charts.
3. Flexibility:  
Determination of flexibility of the low back and weak abdominal muscles are major contributors to low back pain suffered by Americans in epidemic numbers (Ask staff about our back exercise classes.)

#### 4. Step Test:

A simple though useful tool in determining one's fitness level. The heart is not monitored during this test other than measuring the pulse.

#### 5. Muscle Strength and Endurance:

Determination of abdominal and upper extremity muscular strength and endurance using timed sit-ups and bench press. Results are adjusted for age and sex.

#### 6. Exercise Prescription:

An individual prescription recommending minimal levels of frequency, duration and intensity to improve or maintain one's present cardiovascular fitness.

You need not be a member to have the fitness evaluation. However, until September 24th, the YMCA is having a 2 for 1 membership sale; two adult or family memberships for the price of one. Call Joan Goldner at the YMCA (422-6486) for further information.



YMCA OF GREATER FORT WAYNE  
Central Branch  
226 East Washington Blvd.  
Fort Wayne, Indiana 46802

(219) 422-6486

# Chug-a-lug 10k

FACTS, HEARSAY AND SLANDER

BY GENE BULLSHALLITT

3 a.m., August 2nd, 1983

The phone rings and Jim Dupont asks me if I'm going to "the event" tomorrow and if I would 'like' to write an article about the race. He said: "I don't know if I can make it.....I may have other plans."

4:45 p.m., August 3rd, 1983 (Race Day)

Three cold kegs of Bud Lite sit on Linn and Jerry Mazock's front yard. Already late and already smashed, Mazock tells the runners to fill their cups with beer and head to the starting line.

"Stars And Stripes Forever" was playing on the stereo when Mazock fired the gun starting the 1st annual Chug-A-Lug 10K. Of course, no one was allowed to start running the race until they consumed their first beer. The rules were the same for all six laps - run a lap, stop, drink a beer, and then run another lap. Even at the finish line, the runners would not get their time and place until they downed their last full cup of brew.

Fifteen seconds after the start, Cathy Villa belched and roared into the lead. She was followed closely by eventual winner, Ron Barkowski, Mike Glasper (may he rest in peace) and John Scharze of Bohemia.

Ron Barkowski finished the 6.5 mile 10K and wolfed down his 7th and final beer in 41:10 to set next year's course record. At the finish he said: "It was sure neat the way they had the road hooked up to move from side to side during those last laps!"

Cathy Villa sipped her way to victory in 52:55. "After 5 laps it was hard to stay on the road ..... Sorry I have to

leave so early, but I'm due in surgery in 25 minutes.....Somebody push me in the direction of my car!"

Thirty-five beer drinkers finished the race along with 10 'party Poopers' who drank Kool-Aid instead. Here's the inside story about what happened to some of the runners.

SHARON PAULEY.....Before finishing her last lap, someone 'accidentally' drank her last cup of race wine. At the finish, Sharon was furious! "No one should steal my wine before I get my time!"

JIM DUPONT.....Dewey Slough called Jim just before he was about to leave for the race informing him they had an emery meeting of the AA to go to.

TIM BOWMAN.....After the race, Tim asked Mazock to change the name of next year's Chug-A-Lug to: "The Tim Bowman Love Run."

DON LINDLEY.....In the finish chute: "Considering the beer and heat I ran well. I don't think Alberto Salad Bar could do much better!"

PHIL SHAFER.....(of Shafer State Bank - Ossian Branch).....ate Donkey Kong cereal for breakfast, lunch and supper the last seven days before the race.

ORMAN, LOUCKS, SUELZER, and REITZUG, along with other Annex running team members heard that Mazock was testing for steroid use before the race and, therefore, felt it was in their best interests not to attend.

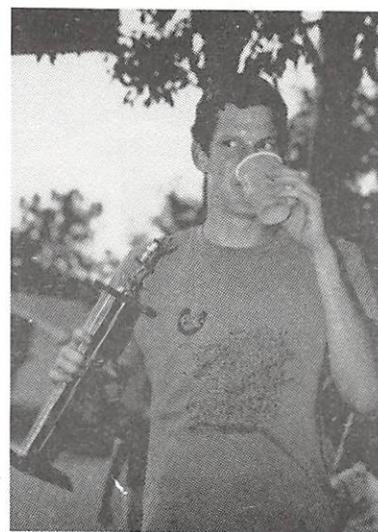
Before the race, Mazock invited all the runners to use his restrooms whenever the need arose. Friends.....not once did I see a runner go in that house during the race. It's no surprise that all the lawns on the course were ruined by the end of the race!

The party ended at 9:00 p.m..  
5:45 a.m., Sunday, August 4th, 1983

(Early the next morning) A neighbor called Mazock on tue phone: "Get this guy off my grass! He passed-out about midnight and has been moaning since 3 o'clock!"

Mazock replied: "Don't be too hard on him. Don Goldner's a nice guy. Anyway, 'ole Doon' doesn't have to be to work until tomorrow morning."

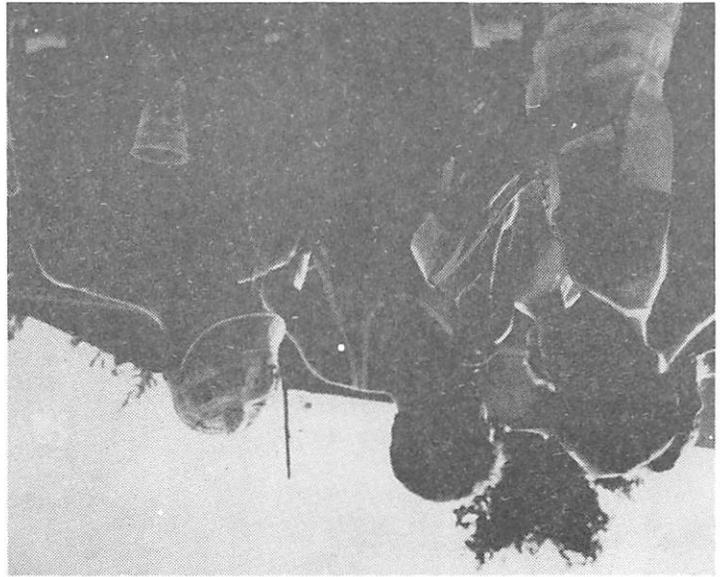
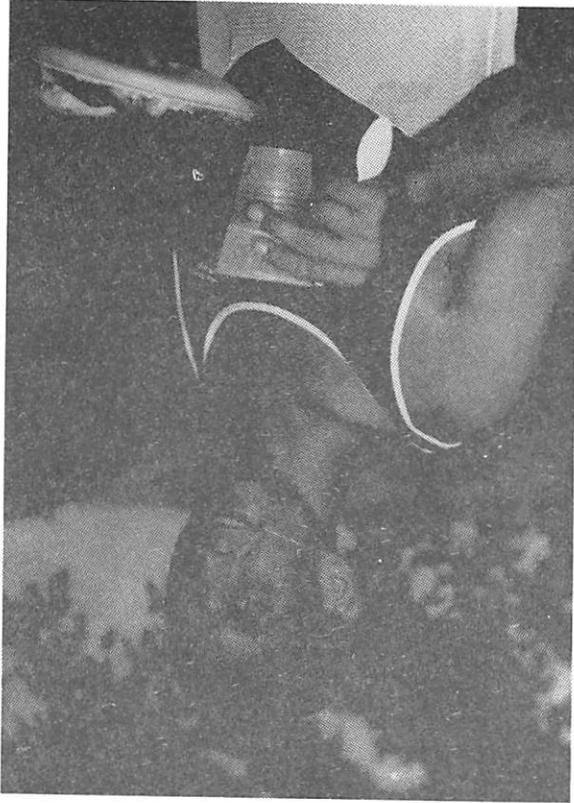
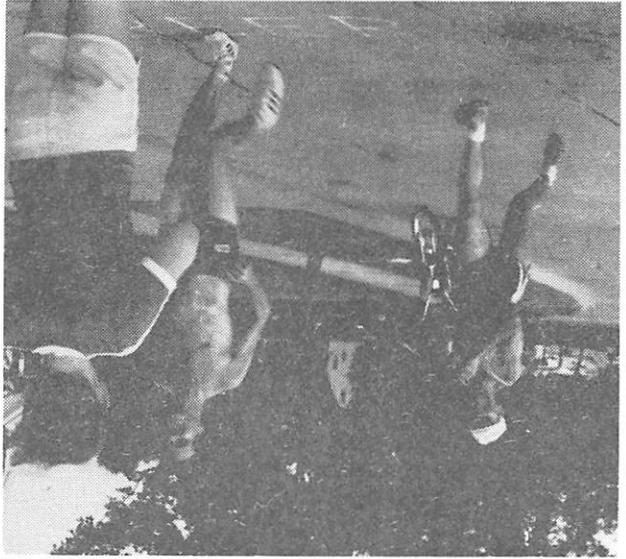
Anyway, it seemed as if everybody had a good time (if they remember it). Mazock says to watch for the announcement of this race next year. It will be the 1st or 2nd Saturday in August. Mazock also wants to thank Maloleys' for stroing the beer and not drinking it all before the race. He also wants to



After 8 beers Mazock sings "The National Anthem". You can stop drinking now, Ron.

STILL MISSING

Phil Shafer and Don Lindley being informed they won the "Best looking couple" Award.



Dennis Fleming will never remember running with a lamp shade over his head.

With Mazock screaming about a world record, Don Lindley times Cathy Villa (hidden) pouring a beer thru John Schwarze Jr.'s right ear, through his head, and out his left ear.



thank the numerous number of people who helped during the race. Mazock says: "If you're out in the northeast part of the city and looking for a great place to dine, DON'T EAT A PITA! Instead, have a nice meal at the Hoffman House Restaurant. Let's show them we appreciate all the free beer they donated."

I agree with Jerry. That would be a nice gesture.

In conclusion, I've noticed during the last year or so, that there are a lot of ~~sky/malls~~ good runners named Jerry in our club.

The following is the final list of finishers in this Chug. (more or less) Special thanks to John Schwarze, Jr. who provided most of the timing and all of the spelling.

FUN PEOPLE	
1 Ron Barkowski	41:10
2 John Schwarze	42:50
3 Someone looking like Mike Glasper	43:15
4 Todd Reigleman	43:32
5 Chris Eddington	47:12
6 Wayne Johnson	48:44
7 Norm Spitzig	50:53
8 Don Lindley	51:08
9 Suever	*
10 Shafer State Bank	*
11 Heymann	*
12 Roger Wilson	*
13 Dennis Hudson of a gun	*
14 Cathy Villa	52:55
15 Holdbrook	*
16 Soloquist	*
17 Doug Sundling	56:03
18 Jay Brower	57:21
19 Deb Kooklehen	58:37
20 Dennis Flennerly	*
21 Jeff Tuttle	59:08
22 a Rudi Florreich	59:40
b Miguel Mendez	59:40
c Dave Wolff	59:40
d Rick Hower	59:40
26 John Eakin	*
27 Keith Demerit	*
28 Doon Goldner	*
29 Jay Goldner	*
30 Angie Suevers	1:08:25
31 Dan Bossard	1:08:51
32 Bruce Leihman	1:09:10
33 Sharon Pauley	soon

# Habit and hard work

by MIKE ROBBINS

*One of the most sought after but most difficult to furnish items is a compendium of training tips for the beginning runner. It can be difficult to relate to many training and racing ideas until one has gained a year or two of running experience. The interim between that first step and the ability and achievement ..*

*What, when and how much to train depends a great deal upon the background of the individual, beginning runner. Is the runner age 20 or 40 or older? Male or female? Slightly overweight or 40 pounds too heavy? Participated in athletics in school or afterward or never at all? In generally good health or beset with physical ailments? Intending to complement or prepare for another activity or anticipating running to be a primary conditioner?*

*If you are a novice runner in an identifiable niche of sorts, your search for "really helpful" guidance may be akin to a casting director with the following assignment:*

## PARTY POOPERS

1 Tim Bowman	43:53
2 John Bohde	47:22
3 Chris Kauffman	1:08:40
4 Jason Pilsen	1:14:30
5 Brian Garwood	1:14:45
6 Aaron Demerit	1:15:51
7 Jennifer Schwarze	1:16:29
8 Brian Lindley	1:20:18
9 Carolyn Schwarze	1:25:50

\*Some finishing

\*Some finishing times were destroyed in a large fire.

See you next year.

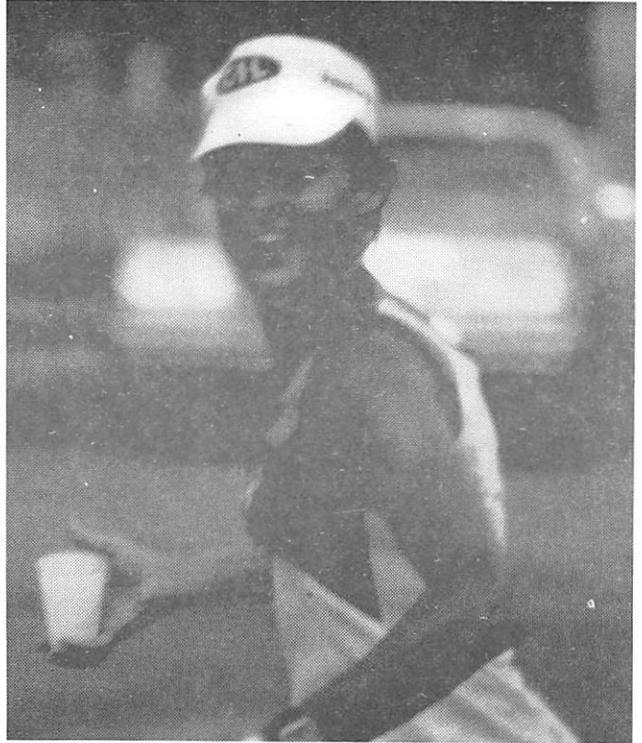
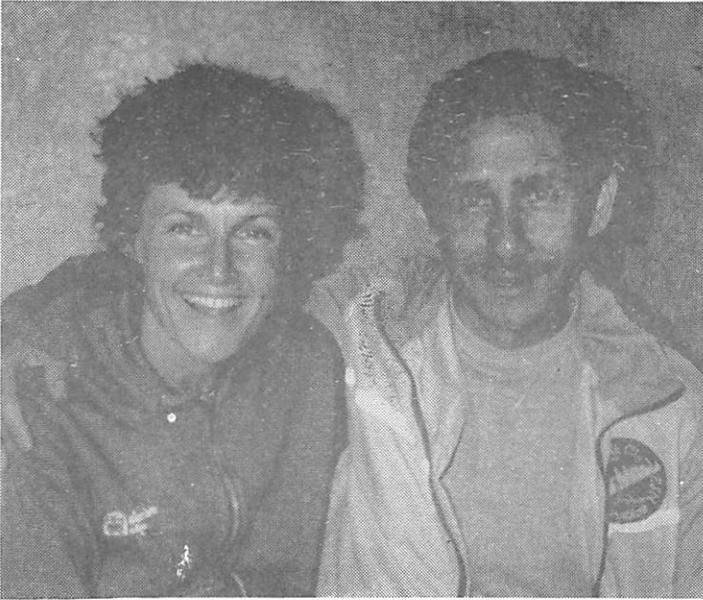
*Need a male of medium height, slightly rounded, bald headed with Eastern European background approximately age 40 to play uncle to two raucous but loving teenagers. Must know judo, play a violin and speak Bulgarian.*

*Though the perfect actor is probably out there somewhere, in the interests of time and money, compromises in the search may have to be made.*

*Novice runners may also be forced to forge compromises with training thoughts and philosophies. Specific direction must be individually discerned from general theories.*

*Some general principles may be applicable to most novice runners. Unless you have maintained a fairly physical life - style, it is probably best to consult a physician prior to beginning a running program. The older, more out-of-shape or pregnant should give the doctor even greater attention. In general, you can't start too slowly. Begin by walking, walking and running and only gradually build to running exclusively. This process can take a few months or a few weeks. Total distance covered is not as important a consideration. The time spent exercising should, however, be 20-30 minutes every other day to start and, perhaps, graduate to five, six or seven days a week. The time set aside for "running" should be the same each day, if possible, to develop the exercise habit as a part of each day. Spend that same time each "off-day" reading about exercise to tap into as many channels of knowledge as can be found. Some of the "classics" of the running "boom" which should be helpful to beginners are Ken Cooper's books on aerobics, or Joe Henderson's book on long, slow, distance training or his book discussing walking and running and Jim Fixx's "complete" books of running. Another helpful book, if available, is BEING FIT, A PERSONAL GUIDE by Bud Getchell, Ph.D. who works with Dave Costill at the Ball State human performance laboratory. Along with the "daily" exercise habit, a log should also be kept. This log should contain whatever information*

(Continued on Page 6)



by Ann Mize

It's difficult to write about someone as multi-faceted as ANN JAMISON. From a friend's point of view she literally gave me the shirt off her back and her lighter-weight bike to use for my Muncie Endurathon. She is the most positive person I know. Maybe it's because she has such a good self-image. Her philosophy tells her she can do anything she wants to do. You must believe you can.

A.J.'s next goal is to break 40 minutes for a 10K. Her P.R. is last year's Home Loan with a time of 40:32. Can Ann shave 33 seconds off her time? Sure she can because she believes she can.

Marathoning is another facet. She ran a 3:20 in Montreal '82, good enough to get her to Boston '83. Two weeks after Boston she ran Hooks here

in 3:19:09. I asked her how she felt about her Fort Wayne time. "At first I was very disappointed. I wanted to run a 3:15 but now as I look back I shouldn't have been so hard on myself. I had just ran Boston and it still was a personal record. Someday I'll run a 3:15 marathon. Nothing is ever written in stone."

When it comes to competitiveness Ann must have gotten her fair share and mine too. I remember a few years back when Jan Kissinger-Kruse and I arrived at A.J.'s for a run. It seems Jan had out run everybody at the run on the previous weekend. A.J. politely asked Jan what her winning time was. After Jan responded, A.J. turned around and pounded her fists on the wall and said, "But I want to beat

you." We all laughed but it wasn't very long before A.J. did beat Jan.

Ann's latest endeavor was the Fort Wayne Triathlon. She has a women's 2nd place trophy to prove it. A.J. finished 24th overall with a finishing time of 5:18:15. Pretty good for an unemployed art teacher.

I figure if I hang around A.J. long enough maybe some of her competitiveness will rub off on me. But... just in case it doesn't, I'm trying to talk her into swimming the English Channel with me because I know I can beat her out of the water.

Ann Jamison, I think you are great!

# Enjoyable torture - try it

by JOHN EAKIN

On June 22, Bill Matter and I set out on a 157 mile running excursion across the states of Vermont and New Hampshire. The purpose of the run was to raise money for the church food kitchens in Fort Wayne and for famine victims in East Africa.

Last January, while planning for the trip, I wondered about the sanity of my endeavor. All doubts about the trip were erased however during the first run of the first day. At 5:15 a.m. I headed east on Route 9 from the New York-Vermont border. My first three miles were through beautiful, rolling, green hills. What an inspiration! As the sun began to warm the morning, I passed through the

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*(Habit and Hard Work - continued from page 4)*

*the runner feels is personally significant. This may include the time spent walking/running, location, conditions and distance covered as well as commentary on any pains or ills or progress toward some goal. The log provides both a motivational factor and a record of development and accomplishments.*

*Though these principles are admittedly general in nature and limited in scope, they should be sufficient to get most runners started. After the process has begun, each runner will pursue it in an individual direction. Through trial and error, association with other runners and personal research, each runner develops his or her own approaches and goals. Running is extremely individualistic and though much can be gained from seeing, reading and discussing other runner's thoughts, the interpretation and application is strictly personal.*

town of Bennington, Vermont. It was quaint and very clean. It looked like a picture postcard.

After my seven mile jaunt was complete, my partner Bill began to run where I left off. He started an uphill climb that would last four miles. Mt. Prospect was truly an arduous task. Bill ran most of it and I finished the last half mile. It was such a high for me to see the beauty of the mountains and landscape - quite a contrast from the flatlands of Indiana.

As we continued in our relay fashion I ran through Wilmington, Vermont. It was a town much like Bennington with the same quaint, homey atmosphere. Outside of Wilmington was our next challenge - Hogback Mountain. For some strange reason I loved every step of the climb. When I got to the top I was sweating like a pig but it was well worth the effort. From the top of Hogback you could see for a hundred miles to the south into Massachusetts. It was a magnificent view.

We were tired and sore after our first day's total of forty miles. The rocky, uneven surface we ran on was more akin to mountain goats than humans.

Early the second day Bill pushed through Brattleboro, Vermont, crossed the Connecticut River and headed into New Hampshire. It felt great to have Vermont under our belts. The running surface was much improved in New Hampshire and the mountains less steep. The temperature was close to 90° early our second day. After my first sweaty seven miles I plunged into beautiful Lake Spofford which was just off the highway. That swim was worth a million bucks.

The heat was really bearing down

on us as Bill ran through Keene and Marlborough. The day's final run through Dublin left us half way from our destination - the Atlantic Ocean.

Upon awaking the third day I found myself to be mentally high but physically sore and stiff. Bill was just plain pooped. As we got into our morning run however we realized we were getting closer with every step. We climbed our last steep grade at Temple Mountain. Once again 90° heat was pounding us. Bill completed his morning run in Milford, a small town which seemed to go on forever. Bill could not answer the bell for the evening run so I ran a few extra miles ending in Nashua, leaving us only forty-four miles from the Ocean. We gorged ourselves at Pizza Hut before turning in for the night.

We were both high as kites as our final day began. Bill started out with a strong eight miles. I then ran seven and jumped into Shadow Lake to cool off. We took a midday break at a state park which fueled us for our final assault of fifteen miles. We hit the Ocean at 2:30 p.m., Friday. What a beautiful sight it was to see.

The pain and sweat we went through seem like nothing compared to: experiencing the beauty of the Vermont and New Hampshire countryside; the satisfaction of raising \$800.00 for a worthy cause; and facing the challenges in the run itself.

I am planning a more ambitious trip for September of 1984 - a run across the United States. Dave Ruetshelling and Larry Lee have agreed to run with me. We still need two more insane runners to complete the five-some that will be needed for the trip. We will be running for World Hunger. If you are at all interested, write to me at this address.

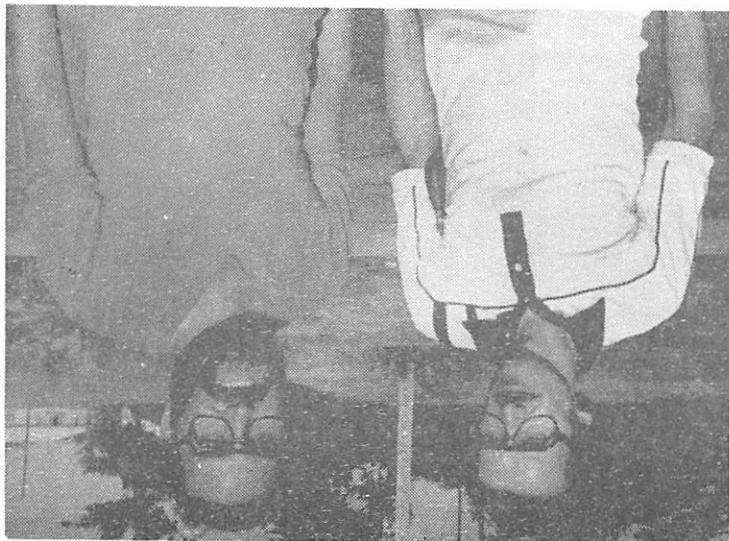
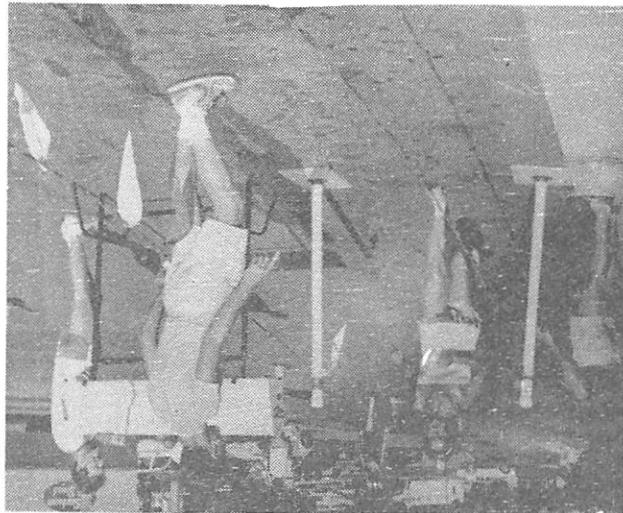
John Eakin, 1216 W. Packard Ave.,  
Fort Wayne, IN 46807

The 80 degree plus temperature was somewhat warm for a 7 a.m. run, but who can complain about the weather we've had this summer?

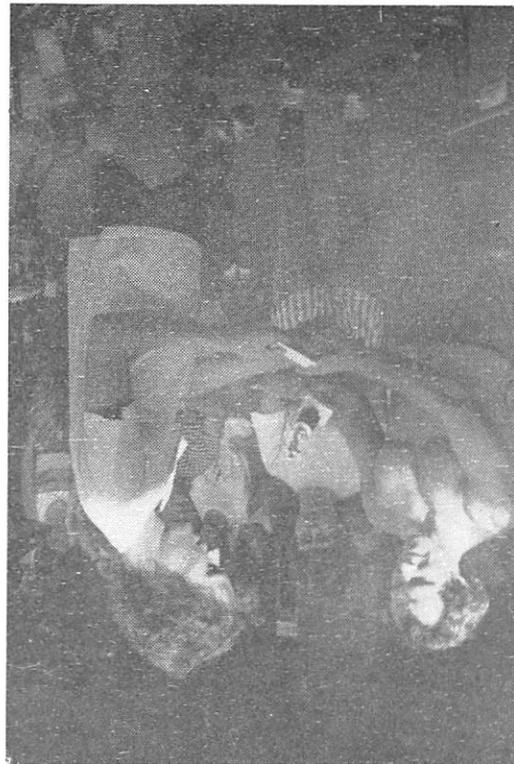
We had an attendance of 44 for the one mile run and 160 for the 5K. Thanks to all participants we were able to raise \$305.00 for 'Daybreak' indeed a worthwhile cause and in need of the funds.

Congratulations to all participants and a special thanks to all participants and a special thanks to all volunteers who devoted their time and efforts to the events.

KENT DAVIS RUN FOR DAYBREAK



**Kent Davis Run  
for Daybreak**



# Kent Davis 5k results

## WOMEN

### 19 and under

68	Lisa Heyerly	21:23
79	Tracy Nielson	22:09
92	Amy Clay*	23:19
106	Bbbbi Clay*	24:26
130	Sara Stalder*	26:45
155	Jennifer Schwarze*	34:49
156	Carol Averbeck*	34:52

### 20-29

48	Theresa Yankowiak*	19:57
85	Diane Stacksdale	22:37
86	Sue Griggs	22:38
98	Sue Sipes*	23:57
103	Cindie Rosswurm	24:11
113	Beth Rohrer	25:08
131	Pam Mason	26:56
135	Ann Linson*	27:32
137	Crista Hartman	27:40
146	Lorie Luenberger*	29:22
148	Kathy Wilson	30:27
153	Roberta Millhouse	34:36

### 30-39

59	Phyllis Suelzer*	20:41
65	Deb Kukulhan*	20:58
96	Joyce Butler	23:48
109	Brenda Wolf*	24:46
114	Sue West	25:10
143	Alice Graffis	28:31
152	Carolyn Schwarze*	33:21
159	Jeanne A. Payne	36:15

### 40 and over

99	Marilyn Frisby	23:59
105	Janis Greene*	24:15
117	Adelma Mantovani*	25:21
138	Jean Longworth*	27:50
149	Virginia Chapman	30:53
154*	Doris Snyder*	34:44
157	Pat Stocksdlale	34:58
158	Sharon Pauley*	35:33
160	Sharon Oberstar	38:38

## MEN

### 14 and under

19	Eric Hoffman	18:10
39	Paul Smith	19:30
42	John Schwarze*	19:43
50	Armond Lyons	20:12
72	Tom Elliott	21:44
80	Don Miller*	22:17
101	Paul Stocksdlale	24:07
124	Brian Lindley*	26:01
133	Michael Lindley*	27:29

140	Jim Schwarze*	27:57
147	Joe Millhouse	30:01
151	Geoff Buschur	32:57
162	Jeff Tenbarge	38:41

### 15-19

2	Jim Hiester	16:14
6	Brett Pontoni	16:40
9	Tom Hoffman	17:00
11	K. Swales	17:31
12	Phil Herndon	17:48
15	David Smith	17:52
21	Chris Johnston	18:26
26	Jim Alderdice	18:37
27	Brian Curry	18:47
29	Todd Rettig	18:57
33	John Bakalar	19:08
34	Dave Millhouse	19:19
35	Ron Harmeyer	19:20
52	Mark Beals	20:30
57	Steve Betz	20:39
64	David Bates	20:55
78	Mike Howell	22:09
100	Tim Kent	24:06
141	Mike Cramer	28:02

### 20-24

3	Jerry Williams, Jr.*	16:17
5	Gary Williams	16:34
7	Rick Harkerrider	16:46
8	Mark Herndon	16:56
17	Gary Beam*	18:03
36	Jim Uebelhoer	19:22
74	Steve Stoiche	21:48
136	Brian Keane	27:34

### 25-29

1	Doug Sundling	16:09
28	Tony Gatten*	18:54
30	Bob Rossetti	18:58
45	Roger Hack	19:54
47	Jonathon Schlatter	19:56
51	Gene Donaghy	20:18
56	Steve Tielker	20:37
62	Richard Schmidt	20:52
73	Anspach	21:45
90	Mike Millhouse	23:09
121	Jim Amstutz*	25:47
126	Mark Andrews*	26:07
134	Larry W. Linson*	27:30

### 30-34

4	Phil Suelzer*	16:30
18	Larry Shively*	18:03
23	Jerome Chalwick	18:29
24	Gary Graham	18:35
25	Tim Fleming*	18:35
40	Jerry Mazock*	19:40
41	Terry Coonan*	19:42
55	Paul A. Gilley*	20:35
67	Mike Pressler*	21:11
76	D. Smith	21:55
102	Tom Bellepuche	24:08
111	Mark Mehert	24:54
119	Rick Longsworth*	25:28
145	Tom Hruska	29:14

### 35-39

10	Max Blank	17:06
14	John Schwarze*	17:51
20	John Noll	18:13
22	Bruce Davis	18:28
31	Mike Byerley	19:07
32	Don Lindley*	19:08
44	Steve Ackison	19:54
49	Phil Shafer*	20:07
58	Mike Zurzull*	20:39
69	Jim Buschur	21:27
75	Robert Clay*	21:55
77	Mike Cadwallader	22:01
81	C.C. Henn	22:22
82	Steve Butler*	22:24
83	Tom Theard*	22:28
93	Scott Sundley	23:24
108	James Calbreth*	24:32
122	Dave Sqanson	25:52
142	Bill Kerbel	28:06

### 40-44

13	Larry Averbeck*	17:49
16	Woody Barker*	17:58
37	Charlie Brandt*	19:23
43	David Boylan*	19:43
53	Tom Felger	20:31
61	Jim Heymann*	20:49
63	Bob Frisby	20:53
70	Tom Liebrich	21:32
88	Bob Gardner*	22:52
95	Harlan Diller	23:44
104	Don Rogers	24:13
110	Doug Pooler*	24:52
112	Bill Kridler	25:07
120	James Wine	25:42
127	Tony York	26:15
129	M. Holbrook*	26:32
144	Jim Stump*	28:59
161	David Oberstar	38:40

### 45-49

38	Ray Sibrel*	19:27
54	Norman Whisler*	20:34
87	Dick Sive*	22:49
91	Earl Witkampel	23:10
97	Don Goldner*	23:56
123	Tom Kernt*	26:00
125	Don Rhoades	26:07

### 50-59

60	Gene Striggle*	20:48
66	Terry Gautsch	21:02
71	Gene Whitacre*	21:41
84	Paul Snyder*	22:35
89	Cahrlies Welch	22:58
107	Roger Phillips*	24:27
116	Alfred Moore*	25:15
118	Bob Kennelly	25:24
132	James Lee*	27:00
139	Richard Longsworth*	27:51
150	John Jedliwak	31:49
161	Dewey Slough	40:59

### 60 and over

115	Al Gumbert*	25:12
128	John Drompp	26:19





Huntertown School, Huntertown, Indiana  
(off Highway 3 on Old Lima Road)

**CHECK IN**  
Race day in front of the School starting at  
12:30 P.M.

**RACES**  
1/4 mile run (6 and under only) 2:00 P.M.  
Fun run (1.5 miles) all ages 2:15 P.M.  
10,000 meter run all ages 2:30P.M.

**AGE GROUPS**  
6 and under (1/4 mile race only)  
14 and under M/F  
15-  
15 - 19 m/f  
20 - 29 m/f  
30 - 39 m/f  
40 - 49 m/f  
50 and over

**AWARDS -**  
Top three age division in 10,000  
First five places in 1/4 mile and Fun Run.

Registration-  
\$5.00 through Sunday Nov. 6, 1983  
\$6.00 after Nov. 6  
\$3.00 non-t-shirt option

Make checks payable to Huntertown Athletic Dept. c/o Dan Green  
15330 Lima Rd.  
Huntertown, IN 46748

**Allen  
County  
Bank  
and  
Trust**

Races— 1/4 mile run 6 and under at 2:00 1 mile fun run at 2:15 10,000 meter run at 2:35

Refreshments provided to runners after the race.

**ENTRY FORM**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

SHIRT SIZE S M L XL (circle one)  
Child's sizes 6-8 10-12 14-16 ( ) For Non-t-shirt option ( )

AGE DAY OF DATE OF THE RACE \_\_\_\_\_ SEX \_\_\_\_\_

RACE ENTERED \_\_\_\_\_ 1/4 MILE \_\_\_\_\_ FUN RUN \_\_\_\_\_ 10,000 meter run, \_\_\_\_\_

Liability waiver (must be signed)  
I attest and verify that I have full knowledge of the risks involved in this event and have trained so that I am physically fit to participate in this run. I also accept full responsibility for my participation in this event and hereby release from any and all responsibility Huntertown school, race officials, race sponsors, or anyone else affiliated with this race with respect to any damages, claims, depends or actions stemming from or in any way with my participation in this event.

Signature \_\_\_\_\_

If under 18 parent's signature \_\_\_\_\_ Date \_\_\_\_\_

When: SUNDAY NOV. 6, 1983

**you want it  
we've got it**



RACING FLATS

BROOKS GASPARRILLA NIKE AMERICAN EAGLE  
TIGER JAYHAWK XR SAUCONY DIXON RACER NIKE TERRA T/C  
NIKE MARIAH TIGER ULTIMATE

AS USUAL  
10% Fort Wayne Track Club Discount

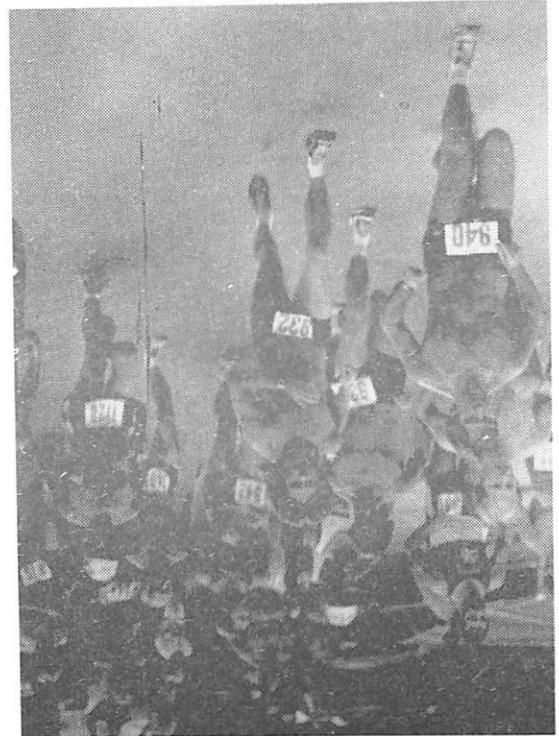
Don't forget custom orthotics by Person Laboratories and Dr. George Branam by appointment. The orthotics used by Olympic and world class competitors. Brochure available at no charge.





**1983 Park Run**

66



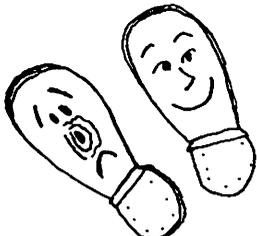
# 1983 Park Run Results

65	Lane Roberts	16:18			
66	Cary Overmeyer	16:19	141	Jill Beeson	18:36
67	Robin Troup	16:20	142	Jan Noonan	18:38
68	Reggie Pearson	16:20	143	Alicia Henn	18:39
69	James Lee	16:21	144	Philip Rice	18:41
70	Susan W. Thompson	16:21	145	Beverly J. Ade	18:42
71	Ellen Crago	16:24	146	Cynthia Peake	18:42
72	Ken Hyndman	16:27	147	Todd Noonan	18:43
73	Melissa Penn	16:34	148	Angie Steele	18:49
74	Nate Delagrance	16:38	149	Susan Manos	18:50
75	Peter Keegan	16:39	150	Neil Szczepanski	18:58
76	Adam Jensen	16:40	151	Brad Stettler	19:04
77	Dave Hedrick	16:40	152	Patrick Hilger	19:07
78	Scott Bowers	16:41	153	Roberta Millhouse	19:08
79	Demron Ignace	16:42	154	Chad Jensen	19:10
80	Karen Balliet-McBr	16:45	155	Laura Szczepanski	19:13
81	Jacob Trudel	16:49	156	Kris Szczepanski	19:16
82	William A. Kern	16:51	157	Luther Latchau	19:17
83	Terry Bassett	16:53	158	Robby Klitzman	19:17
84	Susan Berghoff	16:54	159	Amy Beth Roesch	19:19
85	Paul Bojinoff	16:54	160	Lisa Wright	19:25
86	Dian Stevenson	16:57			
87	Mike Rumble	16:58	161	Jeremy McVoy	19:26
88	Fred Payne	16:58	162	Irene Vlackamp	19:27
89	Jeff Lytle	17:00	163	DID NOT PROCESS	
90	J.W. Darlington	17:00	164	Rod Fabini	19:32
91	Val Puckett	17:01	165	Holly Meath	19:34
92	Ricky Hullinger	17:02	166	Josh McVoy	19:44
93	Jan Novosad	17:04	167	Cynthia S. Heath	19:47
94	Chad Johnson	17:05	168	Diane E. Liverance	19:49
95	Richard J. Guevara	17:08	169	Jill Stettler	19:55
96	John Farrell	17:09	170	Jeanne Leffers	19:57
97	DID NOT PROCESS		171	Melissa Quake	19:59
98	William Hix	17:14	172	Terrie Beier	20:01
99	Brenda Van Tilburg	17:14	173	Debbie Romary	20:05
100	Mark Dwyer	17:15	174	Steve Manos	20:07
101	DID NOT PROCESS		175	Becky Akers	20:08
102	Eric Bryant	17:17	176	Dorothy Jones	20:13
103	Denny Westrick	17:21	177	Mary Helen Sohaski	20:20
104	Carolyn Lovell	17:26	178	Sandy Evans	20:25
105	Barbara O'Connell	17:26	179	Karla R. Elett	20:26
106	Susan Kaufman	17:31	180	David W. Jones	20:28
107	Amy Penn	17:33			
108	June V. Reynolds	17:33	181	Hap Flandt	20:30
109	Martha Hillen	17:34	182	Harold Smith	20:31
110	Kenna Klitzman	17:37	183	Jennifer Loew	20:32
111	Donna O'Guin	17:37	184	Cindy Bugert	20:45
112	Julie A. Campbell	17:39	185	Linda Bird	20:46
113	Robert Bricker	17:40	186	Sylvia Smith	20:48
114	Arden Miller	17:42	187	Jeanne A. Payne	20:55
115	H.J. Firnhaber, Jr.	17:48	188	Mindy Doak	21:03
116	Chad A. Stettler	17:51	189	Amy Pearson	21:04
117	Kathy Robbins	17:52	190	Jenny Teague	21:09
118	Matthew Pleus	17:54	191	Michael O'Hear, Sr	21:10
119	Deb Thieme	17:56	192	Susan Law	21:30
120	Donald Smith	17:57	193	John Longsworth	21:40
121	Chris Campbell	17:58	194	Char Sheets	21:41
122	Chad Ingram	18:01	195	Jim Bugert	21:54
123	Mary Lieberman-Bray	18:02	196	Andrea Payne	22:00
124	Kurt Hack	18:02	197	Lanissa Griffin	22:06
125	Shirley Ignace	18:03	198	Debbie Bugert	22:06
126	Abbie Gray	18:04	199	Alan Roesch	22:12
127	Kelly Miller	18:07	200	Mai Pauley	22:13
128	DID NOT PROCESS				
129	Mickey Brown	18:14	201	Jim Carl	22:14
130	DID NOT PROCESS		202	Pat Stocksdales	22:20
131	Pat Harris	18:16	203	Aaron K. DeMeritt	22:31
132	Philip Hilger	18:17	204	June VanTilburg	22:34
133	Julie Szczepanski	18:20	205	Julie Stettler	22:35
134	Lalene Kay	18:20	206	Todd Sandy	22:59
135	Wendy Clark	18:21	207	Dennis Ayers	23:00
136	Lynette Getz	18:24	208	Fred Bremer	23:07
137	Pam Watercutter	18:28	209	Fred J. Bremer	23:08
138	Suzanne Long	18:34	210	Kelli Werling	23:16
139	Verlin Rice	18:35	211	Nancy Riddle	23:30
140	Sara Knox	18:35	212	Mark Shaheen	23:39
213	Nancy A. Teague				23:46
214	Vesta Le Fausnight				23:46
215	Cliff Till				23:50
216	Glenn Shuman				23:56
217	Tizzie Timberlake				24:03
218	Julie Teague				24:20
219	Stephanie Brown				24:21
220	Rod Klopfenstein				24:28
221	Fredericke Gibeau				24:38
222	DID NOT PROCESS				
223	DID NOT PROCESS				
224	Dawn Loew				25:35
225	Paul Hilger				25:36
226	Judy Stoops				25:37
227	Jennifer Hilger				25:39
228	Mary Hilger				26:04
229	DID NOT PROCESS				
230	Maryann Hilger				26:15
231	Elaine Hilger				26:16

## Five Mile results

1	Rowland Perez	26:07
2	Jeff Beam	26:28
3	Dennis Scott	26:50
4	Doug Sundling	27:05
5	Dan Kaufman	27:12
6	Phil Suelzer	27:27
7	Michael Glasper	27:40
8	Thomas Schach	27:54
9	Ken Babcock	28:02
10	Bill Blosser	28:08
11	Brian Crosley	28:15
12	Dan Moord	28:24
13	Phil Lockwood	28:27
14	Jim Anderson	28:38
15	Miguel Mendez	28:44
16	Mike Robbins	28:45
17	Terry Diller	28:50
18	Jerry Perkins	28:54
19	Steve Brown	29:00
20	Dan Green	29:09
21	Jeff Wright	29:10
22	Phil Herndon	29:15
23	Tim Fleming	29:16
24	Mike Melendrez	29:21
25	Woody Barker	29:27
26	Bill Schmidt	29:32
27	Gary Dexheimer	29:35
28	Larry Shively	29:36
29	Roger Wilson	29:37
30	Jack Dyer	29:41
31	Chris Edington	29:45
32	Kenneth King	29:47
33	Stanton Florea	29:52
34	Mike Kast	29:54
35	Don Lindley	29:55
36	David Ruetschilling	29:57
37	Dennis Hatfield	29:58
38	Larry Averbek	29:59
39	Lynn Reed	30:01
40	Paul Bauman	30:02
41	John Schwarze	30:03
42	Gary Beam	30:10
43	Ronald Motcycka	30:21
44	Tom Brygger	30:23
45	Gary Sweigart	30:32

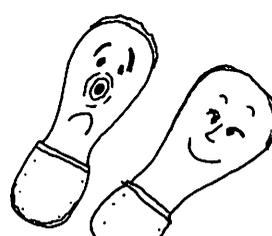
41	John Schwarze	30:03	92	Tim Wiedman	33:48	143	Cathy Villa	36:09
42	Gary Beam	30:10	93	Norman Whisler	33:50	144	Don Shaidnagle	36:10
43	Ronald Motycka	30:21	94	Eugene Striggle	33:51	145	Vern Chovan	36:11
44	Tom Brygider	30:23	95	Judy Tillapaugh	33:53	146	Steve Tielker	36:13
45	Gary Sweigart	30:32	96	Roger Hack	34:00	147	Tom Fuller	36:14
46	David Geiger	30:34	97	Denny Zech	34:22	148	John Stachera	36:15
47	John Noll	30:43	98	Charles Bayman	34:25	149	DID NOT PROCESS	
48	Phil Miller	30:44	99	Marcia Garrett	34:28			
49	Tony Gatton	30:51	100	Frick Soderquist III	34:25	150	William Critell	36:18
50	Ed Kerr	31:01	101	John Barbier	34:36	151	DID NOT PROCESS	
			102	Matt Feipel	34:37	152	Terry Shipley	36:19
51	Russell Suever	31:02	103	Joe Law	34:39	153	Quincy Peggins	36:23
52	Gary Graham	31:10	104	Darrin Geiger	34:40	154	Brian Migliore	36:28
53	Dave Branfield	31:19	105	Phyllis Suelzer	34:47	155	Gary Studebaker	36:29
54	Nike Byerley	31:26	106	Robin Bitting	34:48	156	Tom Liebrich	36:31
55	John J. Connolly	31:28	107	Jeff Bemis	34:53	157	Joseph Ruppert	36:32
56	DID NOT PROCESS		108	Don Tardiff	34:55	158	Charlie Backofen	36:41
57	Myron Meyer	31:32	109	Jed Pearson	34:56	159	Michael Malone	36:48
58	Randy Sordelet	31:34	110	DID NOT PROCESS		160	Bob Gardner	36:53
59	Ken Miller	31:36	111	Ken Clark	34:58	161	Gary Mullendore	36:59
60	Donald Peaks	31:38	112	Bob Lovell	34:59	162	Wallace Smith	37:01
61	Mary Theresa Connolly	31:46	113	Mike Pressler	35:02	163	John Hilker	37:05
62	Philip Shafer	31:57	114	Terry Gautsch	35:09	164	Bob Clay	37:12
63	Ray Sibrel	32:11	115	Rick Ohman	35:12	165	Dan Nelson	37:13
64	Robert Schenkel	32:12	116	Chris Andreas	35:12	166	Ken Nelson	37:13
65	Tim Alderdice	32:15	117	Clem Getty	35:13	167	John Rogers	37:24
66	Phil Wisniewski	32:16	118	Paul Gilley	35:27	168	Jack Goble	37:25
67	Thomas Wagner	32:19	119	Rick Rhoades	35:29	169	Bill Hibben	37:28
68	Mark Derheimer	32:21	120	Dan Belschner	35:30	170	Bill Bare	37:30
69	David Millhouse	32:22	121	Dan Firestine	35:32	171	Rich Bolinger	37:31
70	Gary Rickner	32:33	122	James Beeson	35:32	172	Joseph Hilger	37:32
71	Steve Adkison	32:42	123	Tom Finan	35:33	173	Rudi Florreich	37:34
72	Giles Tomlinson	32:47	124	Tom Fisher	35:34	174	Gary Oden	37:39
73	Dewey Culbertson, Jr.	32:54	125	Dave Wolff	35:34	175	Ed Beakner	37:40
74	Jim Berghoff	32:59	126	Don Ashton	35:35	176	Scott Reece	37:41
75	Andrew Burke	33:00	127	Carter Porter	35:36	177	Doug Shively	37:43
			128	Sharon Getty	35:37	178	Al Henkel	37:43
			129	Greg Brown	35:37	179	Steve Varner	37:49
76	David Boylan	33:01	130	Bob Hake	35:38	180	David Wilson	37:52
77	Bernie Huesing	33:07	131	Bill Copeland	35:39	181	Bill Laupan	37:53
78	Theresa Yankowiak	33:08	132	Bill Sohaski	35:40	182	Marc Lansky	37:54
79	John Schnieders	33:09	133	Laura Heilman	35:49	183	Steve Butler	38:04
			134	Deb Kukelhan	35:50	184	Paul Sabrack	38:06
			135	Lawrence Lee	35:55	185	Ken Hendricks	38:06
						186	Marsha Schmidt	38:11
80	Rich Rella	33:13				187	Richard Key	38:12
81	Garry Bruce	33:14				188	Dan Duvall	38:13
82	David Winters	33:17				189	James Krieg	38:15
83	Lynne Bennett	33:20	136	George Kirby	35:57	190	Jack Ready	38:15
84	Scott Beam	33:23	137	Jim Brandner	36:01	191	David Butler	38:17
85	Steve Caswell	33:23	138	Robert Gensheimer	36:01	192	Patti Fleming	38:18
86	Mike Novosad	33:25	139	Mark Watson	36:03	193	Phil Kennerk	38:25
87	Bernard Motycka	33:31	140	Mike Pleus	36:04	194	Sue Grings	38:31
88	Tom Archbold	33:33	141	DID NOT PROCESS		195	Howard Bash	38:35
89	Brian Doehla	33:42	142	Joe Vachon	36:07	196	Rose Maria Koczergo	38:35
90	Joe Ziegler	33:44						
91	Dan Moore	33:47						



Resole Your  
Running Shoes

## Chuck's Shoe Repair

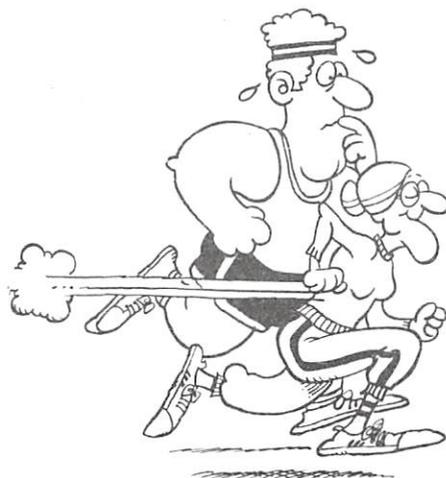
### GEORGETOWN SQUARE



5 types to choose from  
starting at \$13.00

Hours: Tues. - Fri. 8:30 - 5:30, Sat. 8:30 - 4:00  
Closed Monday

197	John Szczepanski	38:36	270	Bob Campbell	42:07	344	Carl Minick	49:21
198	Mike Millhouse	38:38	271	Alfred Moore	42:09	345	Ruth Hyndman	49:58
199	Paul Snyder	38:45	272	Rick Owens	42:11	346	Jean DeVault	50:05
200	Terry Larson	38:49	273	Sharon Buckmaster	42:11	347	Russell Lee	50:07
			274	Annetta Stork	42:13	348	Jerry Manning	50:08
			275	Jim Amstutz	42:15	349	Billy Manning	50:09
201	John Miller	38:50				350	Ruth Bottoms	50:18
202	Alan Gilbert	38:53					Randy Chandler	50:26
203	Keith DeMeritt	38:55	276	Doug Pooler	42:16	351	Crista Hartmann	50:29
204	DID NOT PROCESS		277	Roger Phillips	42:21	352	Eddie Loew	50:29
205	Bob Klitzman	38:57	278	K. P. Kleeberg	42:25	353	Susan McCarrol	50:37
206	Richard Rajchel	39:00	279	Curt Johnson	42:31	354	Ed McCarrol	50:43
207	Ed Marrotte	39:01	280	Bob Kennelly	42:33	355	Gary Amick	50:43
208	Bruce Lehman	39:01	281	Gloria Ambrose	42:36	356	Terry Hendricks	50:53
209	Deloris Fiandt	39:02	282	Donald Roth	42:36	357	Jim Schwarze	51:02
210	Gene Aurand	39:03	283	Sue West	42:37	358	Linda Daniels	51:27
211	Fing Sullivan	39:03	284	Bill Walker	42:38	359	Vince Wells	51:34
212	Bobby Wiersma	39:09	285	Rhea Hastings	42:45	360	Anne Maureen Connolly	51:35
213	Rodger Puckett	39:11	286	Ron Klopfenstein	42:54	361	Jonathan Olson	52:06
214	Mike Hey	39:13	287	DID NOT PROCESS			Steve Brown	52:54
215	Joseph Brooks	39:17	288	Linda Duncan Malone	42:57	362	Russ Neuman	52:54
216	Don Merkler	39:19	289	Julia Wilson	42:58	363	Chad Heilman	52:55
217	Roseann Simmons	39:20	290	Sean Barnes	43:05	364	Ron Heilman	52:58
218	Charles Smith	39:23	291	DID NOT PROCESS		365	Wiladene Shively	53:59
219	Larry Wagner	39:24	292	Virgil Fojtik	43:11	366	DID NOT PROCESS	
220	Cindy Sabrack	39:29	293	Sherryl Galliher	43:29	367	Annetta King	54:45
221	DID NOT PROCESS		294	James Scheele	43:41	368	Joyce Steiner	54:51
222	Michael Lykins	39:34	295	Charles Mosure	43:41	369	Cheryl Silvers	54:54
223	Linda Gensheimer	39:35	296	John Carr	43:42	370	Maurine Gensheim	55:18
224	Dan Doak	39:37	297	Rick Longsworth	43:44	371	DID NOT PROCESS	
225	Robert Harris	39:38	298	Thomas Reck	43:45	372	Regi Bailey	55:21
226	James Stump	39:41	299	Ken Roehrs	43:47	373	Carolyn Schwarze	55:24
227	Thomas Geranks, Jr.	39:42	300	Jodi Ziegler	43:56	374	John Schwarze, Jr	56:11
228	Don Westrick	39:43	301	Judy Schwartz	44:02	375	Angie Templar	59:35
229	James Lantz	39:44	302	Tom Schall	44:06	376	Julie A. Colen	61:36
230	Diane Stocksdale	39:44				377	Joe Wilson	61:48
231	Bill Noonan	39:50	303	Charley Knepper	44:09	378	Jennifer Schwarz	61:50
232	J. P. Jones	39:57	304	Jim Bottone	44:12	379	Doris Snyder	63:31
233	Ed Garrett	40:03	305	Alan Hernly	44:20	380	Sharon Pauley	63:32
234	Curt Nold	40:04	306	Thomas Murrill	44:21	381	Tess Machlan	64:00
235	Todd Fojtik	40:05	307	Michael Lindley	44:36	382	Terry Matthews	64:05
236	Vaughn Roberts	40:06	308	Al Silvers	44:36	383		
237	Don Goldner	40:07	309	Pete Williams	44:40	384		
238	Farrel Habegger	40:08	310	Craig Buckles	44:42			
239	Lisa Daniels	40:12	311	Mike Holbrook	44:51			
240	Al Gumbert	40:14	312	Fred Tassitino	45:00			
241	Jo Ashton	40:15	313	Tom Galliher	45:02			
242	Kathy Widau	40:15	314	James P. Mohan	45:03			
243	Robert Fuess	40:17	315	Mary Beth Kiefer	45:09			
244	Chuck Devault	40:20	316	Chet Fleetwood	45:18			
245	Dennis Strayer	40:22	317	DID NOT PROCESS				
246	James Wells	40:23	318	Ken Votaw	45:51			
247	Donald Nottingham	40:28	319	C. Jake Jackson	45:56			
			320	Linda Bryant	46:04			
248	Mike Farrell	40:31	321	Mark Blichert	46:05			
249	Brian Lindley	40:32	322	Don Rhoades	46:28			
			323	Cherie Belschner	46:30			
250	Gloria Nycum	40:33	324	Ed Goebel	46:58			
251	Douglas Rowlett	40:34	325	Mary Krause	46:59			
252	Richard Mason	40:35	326	Gwen Fry	47:07			
253	Jim Spears	40:57	327	Diane Detwiler-Zapp	47:08			
254	Nancy Bittner	40:58	328	N. Thomas Jarjour	47:08			
255	Joe Peters	40:59	329	Tom O'Connell	47:09			
256	Pat Beuchel	41:07	330	Paul Stocksdale	47:16			
257	Sabine Florreich	41:14	331	Michael Riddle	47:33			
258	Ric Johnson	41:14	332	Richard J. Longswor	47:36			
259	Janis Greene	41:15	333	Karen Slyfort	47:38			
260	Brenda Wolfe	41:23	334	Shirley Hill	47:41			
261	Harlan Diller	41:26	335	Jean Longsworth	47:47			
262	Ronald Geabler	41:27	336	Mark Schafer	48:12			
263	Jim Zlydaszyk	41:44	337	Mike Hendricks	48:20			
264	Betty Jackson	41:47	338	Jeff Peterson	48:28			
265	Larry Shirk	41:47	339	Rhonda A. Powell	48:34			
266	Paul Krueger	41:48	340	DID NOT PROCESS				
267	Danny Nusbaum	41:55	341	Jackie Teegarden	48:57			
268	David Stark	41:59	342	Janet Hoepfner	48:59			
269	Wayne Meyers	42:04	343	Vivian Johnson	49:00			



Co-Sponsored by Decatur Bank & Trust Company, Decatur Daily Democrat, and Decatur Lions Club.

**NEW SPONSOR!**

**NEW T-SHIRTS!**

# 5-Mile Race

5th Annual **Callithumpian Canter**

**October 30, 1983**

**2:00 p.m.**

**DIVISIONS:**

Men  
Under 15  
15 to 19  
20 to 29  
30 to 39  
40 to 49  
50 and over  
Course:  
5 miles, during Callithumpian Week  
Celebration: gently rolling, mostly flat terrain.

Women  
Under 19  
20 to 35  
35 to over

**AWARDS:**  
Guaranteed! Free T-shirt to all entries!  
Overall: Large trophy to overall winner, trophies to 9 finishers. Plaque to places 11 - 20.  
Trophy to first women finisher.  
By Division:

Medals with neck ribbons to the winners of each division. Ribbons to next four places in each division.

**REGISTRATION & ENTRY FEE: \$5**

**LATE REGISTRATION:** 12 Noon to 1:00 p.m. at the Bob Worthman Football Stadium at Belmont High School (just east of Decatur) on the day of the race.

Runners should be at the Stadium by 1:30 p.m. for final instructions. Plenty of parking available. Facilities available before and after the race.

**Return entry form, along with check or money order to:**

Callithumpian Canter  
c-o Fred Huppert  
P.O. Box 125  
Decatur, Indiana 46733



NAME \_\_\_\_\_ DATE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_  
AGE \_\_\_\_\_ SEX \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_

In consideration of your accepting my entry, I do hereby, for myself, my heirs, executors, administrators and assigns, waive and release all rights and claims for damages, which I may have or accrue against the Callithumpian Canter or anyone involved in the same, for any and all damages which may be sustained by me in consideration of my entry of participation in the 1983 Callithumpian Canter.

Signature.....  
(Parent or Guardian if under 18)



## SUNDAY, OCTOBER 23, 1983 Fort Wayne • "All America City"

Run with 2,000 Runners  
thru scenic neighborhoods  
Bands playing on course  
Over 150 awards

Race Time: 2 p.m. EST  
Start: Downtown, Main Street  
City County Bldg

**home loan 10,000**  
Registration Form

OFFICIAL USE ONLY	
Fee Pd.	Runner's No.

HOME LOAN 10,000 Long Sleeve T-Shirt will be supplied. The entry fee is \$5.00 (\$7.00 if received after 10/12/83.) ALL CHECKS SHOULD BE MADE PAYABLE TO: HOME LOAN 10,000

\_\_\_\_\_  
LAST NAME FIRST NAME MIDDLE INITIAL (Skip space between words)

\_\_\_\_\_  
STREET (including number) PHONE NUMBER

\_\_\_\_\_  
CITY STATE ZIP

T-Shirt size (check one) S (34-36)  M (38-40)  L (42-44)  XL (46-48)   
AGE CATEGORIES Men/Women 14 & Under 20-24 30-34 40-44 50-59  
15-19 25-29 35-39 45-49 60 & Over  
AGE (as of 10/23/83) \_\_\_\_\_ SEX \_\_\_\_\_

send to

HOME LOAN 10,000  
132 East Berry Street  
P.O. Box 989  
Fort Wayne, IN 46801  
(219) 422-3502

Date \_\_\_\_\_ Entrant's Signature \_\_\_\_\_  
if under 18, Parent or Guardian must sign here \_\_\_\_\_

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED  
SPONSORED BY



in cooperation with the Fort Wayne Track Club

# Butler Days results

## 5k

### Women 14 and Under

1	Jenny Field	19:13.0
2	Mary Reesman	20:54.4
3	Amy Clay	22:11.4
4	Megan Prough	22:39.0
5	Cathy Wellman	22:44.0
6	Connie Wilson	23:29.0
7	Karen Russell	23:33.0
8	Kelli Boger	25:44.0
9	Shannon Shull	25:59.0
10	Julie Madden	28:59.0
11	Theresa Rockenbaugh	30:02.0
12	Chris Perrin	31:55.0
13	Angela Douglas	33:09.0

### 15 - 19

1	Sherry Reinig	20:16.0
2	Kathy Westfall	21:19.6
3	Janet Bowers	22:31.4
4	Kim Schlosser	23:16.0
5	Michele Langevin	25:24.0
6	Janet Bowers	27:52.0
7	Jennifer Lightner	28:14.0

### 20 - 29

1	Diane Stock	25:56.8
2	Teri VanSickle	26:38.3
3	Sandra Cleverly	27:01.8
4	Rhonda Powell	27:17.0

### 30 - 39

1	Joyce Butler	22:47.6
2	Deanna Cool	23:00.7
3	Lynda Duncan Malone	23:12.1
4	Valarie Puckett	27:08.0
5	Kathleen Douglas	27:37.0
6	Janet Chipman	29:13.0
7	Patricia Reid	30:16.0
8	Deb Ferrell	31:53.0
9	Cheryl Pooler	46:41.0

### 40 and Over

1	Phyllis Grieger	27:32.4
2	Virginia Chapman	28:10.2

### Men 14 and Under

1	Mitch Hagewood	18:07.5
2	Kevin Livengood	18:56.9
3	Kevin Brueck	19:02.2
4	Bob Kruse	20:10.5
5	Sean Camp	20:19.5
6	Brian Loucks	20:26.5
7	Brett Helbert	20:34.1
8	Danny Warner	22:09.4
9	Joe Nachagel	23:26.8
10	Spencer Kohlheim	26:53.9

### 15 - 19

1	Fredrico Moreno	15:53.6
2	Brett Pontoni	15:56.7
3	Kent Mahnensmith	15:58.9
4	Don Drake	16:16.0

5	John Sprague	17:21.0
6	Dan Martin	17:23.0
7	Curt Vinson	17:24.0
8	Brad Boyer	17:25.0
9	Paul Furniss	17:31.0
10	John Reesman	17:42.0
11	Jeff Graham	17:50.0
12	David VanWye	18:01.0
13	Tim Rayle	18:17.0
14	John Drake	18:26.0
15	Tim Acker	18:26.3
16	Don Parker	18:35.0
17	Mat Jacobs	18:58.0
18	Scott Sheets	19:20.0
19	Kirk Debrunner	19:47.0
20	Freddie Bredemeyer	20:09.0
21	Ronnie Weimer	20:18.0
22	Kent Stroock	23:41.0

### 20 - 29

1	Richard Strehler	16:07.5
2	Tom Schach	16:23.8
3	Lynn Moughler	16:37.7
4	Gary Beam	17:46.0
5	Wayne Malcolm	18:46.0
6	Mark Jennings	19:25.0
7	Joel Surfus	19:46.0
8	Bud VanSickle	21:26.0

### 30 - 39

1	Mike Robbins	16:43.0
2	Dave Smith	17:33.1
3	Robert Waterson	18:13.9
4	Phillip Luttmann	20:28.0
5	Steve Houser	20:36.0
6	Robert Clay	21:13.0
7	Harry Kohlheim	21:43.0
8	Mike Farrell	23:10.0
9	Greg Jennings	23:56.0
10	Danny Nusbaum	24:10.0
11	John Arnold	29:28.0
12	Steven Rockenbaugh	30:03.0

### 40 and Over

1	Gene Lightner	19:48.6
2	Allen Best	20:11.8
3	Duane Voirol	21:10.9
4	Rudi Florreich	21:27.0
5	Pete Case	21:49.0
6	Charles Welch	22:45.0
7	Karl Dietsch	23:42.0
8	Jack Madden	24:35.0
9	Paul Langevin	25:24.0
10	C. Fleetwood	28:49.0
11	Jack Garner	29:41.0

## 10k

### Women 15 - 19

1	Sherry Hoover	45:04.7
2	Nora Clark	45:50.1
3	Cheryl Clark	48:53.7
4	Cheryl Crellin	49:04.0
5	Carol VanHorn	50:57.0

### 20 - 29

1	Kris McCain	41:25.8
2	Jehne Hampshire	47:50.4
3	Kim Stairs	48:11.6
4	Amy Strehler	48:21.0
5	Ann Linson	55:12.0
6	Jody Long	59:35.0

### 30 - 39

1	Nila App	42:48.3
2	Kathy Michael	46:54.5
3	Susan Willey	52:15.0
4	Karen Perrin	58:42.0

### 40 and Over

1	Wilma Kyle	48:28.6
2	Kathy Shire	52:15.9
3	Bonnie Taylor	57:37.7

### Men 14 and Under

1	Scott Rashley	40:02.0
2	Brandt Douglas	46:51.8

### 15 - 19

1	Jeff Murphy	35:21.7
2	John Nachazel	35:39.2
3	Lee Espinoza	36:28.6
4	Jeff Beitz	37:36.0
5	Chris Neher	37:41.0
6	Chris Bowers	38:03.0
7	Scott Lininger	40:58.0
8	Roy Stinson	41:43.0
9	Allen Berry	47:39.0
10	Mark Smith	48:08.0

### 20 - 29

1	Paul Strehler	32:49.4
2	Ritchie Hamlin	33:34.6
3	Mike Mendez	36:18.3
4	Scott Poor	37:53.0
5	Mark Rieffel	38:03.0
6	Chris Strehler	38:48.0
7	Robert Schendal	39:23.0
8	Roger Hack	40:50.0
9	Joe Peters	41:49.0
10	Larry Getts	43:30.0
11	Jeff Tuttle	44:21.0
12	Bill Jeffords	45:36.0
13	Pat Beuchel	45:58.0
14	Brad Middleton	46:19.0
15	F. Tassilino	48:30.0
16	Dave Rogers	55:37.0
17	Larry Linson	55:11.0
18	Jonathon Alson	59:22.0
19	Willis Mitchell	1:04:42.0

# Labor Day amblings

by DOUG SUNDLING

One of those rare three-day weekend stretches where a runner can find a multitude of road races on Saturday, Sunday, and Monday presents itself each Labor Day weekend. In the Fort Wayne area, two races, both providing more than just a race-and-awards ceremony routine, grace the Labor Day weekend. Both the Canterbury Green's Muscular Dystrophy 2 and 5 mile "Love Runs" and the Blueberry Stomp 15K create around the actual road race and awards ceremony an evening or a day of activities, yet they each have a different character.

The shadow of the Blueberry Stomp droops backward from its Labor Day Monday to hang on the fringes of any scheduled for the Labor Day weekend, including the Canterbury Green "Love Run" on Saturday evening. The shadow was evident as a lot of runners gathered at Canterbury Green, and I heard more than once the excuse, "I'm running Stomp Monday, so I'm just going to coast this one." Phil Suelzer slanted his gaze sideways as he looked over a couple of us who had sworn we wanted only

"to jog" this one. "Taking it easy, uh?" he questioned our guileless looks with his "I-bet-you-are" gaze. Jeff Beam refused to believe any of us; he persistently wanted to know how fast I really would go the first three miles, did I feel better than last week, etc.

I decided to settle back in the pack with the other "6:00+ per mile" pacers--Tim Bowman, Vince Garcia, and the bandit Tom Loucks--and have an enjoyable evening stroll along Canterbury Green's pleasant 5 mile course. The course provides a delightful commixture of winding streets and foot-cushiony green golf grass, a most pleasant diversion from the long summer repertory of hot, hard asphalt road races. Of course, there's that elusive, formal--how shall I word it--ostentatious atmosphere which epitomises Canterbury Green. And the scenery, not necessary the stationary aesthetics, also adds to the enjoyment, but that may be chauvinistically prejudicial in viewpoint.

At the start of the race, Jeff Beam makes his usual mad dash as he attempts to run his second 5 mile race of the day as hard as the first. I wonder: is it the red hair that makes him so persistently gun-ho for competitive punishment?

At mile one which I passed through at 6:05, where was the rest of the 6:00+ plus per mile club? About ten to thirty seconds ahead of me. I pulled up along side a casually moving Loucks, and we talked about everything from Tom's new Brooks racing flats to the caefree parties on the backside of the race course. Soon, another member of the supposedly 6:00+ per mile club fades back as Tom and I pull along side Garcia. Although Vince had threatened to use the first three miles as a warm-up for a 9:30 two-mile finish, between miles 3 and 4 we instead begin to close in on the mega-mile-maniac, Tim Bowman.

"Hey," I yelled up ahead, "what happened to that 6:00 pace?"

Tim waves his back hand at us.

"We're going to get you Bowman."

Another wave.

"Maybe," I added as I contemplated the expenditure of energy to surge forward.

Well, it is three of us surged anyways to round-up Tim, only Garcia and Loucks zoomed onward.

"Hey," I moaned, "I was only kidding."

Too late: the two had disappeared onto the grassy loop for the last mile. Finally, during the last mile, a 6:00 pace was obtained as Tim and I finished the course.

Two things make the Canterbury Green "Love Run" enjoyable to participate in: the course and the people organizing the event. Tom Mather projects a responsible, yet causally dignified role as race director, and I certainly appreciated the manner in which he and property manager Bob Murray open up the Canterbury Green complex to the runners. Tom and his volunteers put together an earnest running event that is apt without being emphatic, and the awards and entertainment that follow the runs present a worthy argument that there is more to a "run" than just the race.

Using a road race as an excuse for a party is nothing new; the Blueberry Stomp has been doing that for 10 years. Plymouth's Blueberry Festival absorbs quite easily the smaller vortex generated by the 2000-odd runners that converge for the Stomp. If Tom Mather personifies, yet causally dignified race director, then the Blueberry Stomp's Jeff Gangloff has to personify a responsible race director who characterizes one adjective: crazy.

What would Jeff Gangloff be like if he tried to act sane? What would the Blueberry Stomp be like? Like a stomped blueberry?

How many race directors, standing behind the ear-shattering power of 6' high speakers, contemplate slipping a Def Leppard or Loverboy tape into the stereo system at 8:30 in the morning in the middle of Plymouth?

How many race directors have blueberries tossed around at the starting line for runners to stomp on? (If you think T-shirts are expensive, check out the price for several quarts of blueberries.)

How many race directors help shake out a couple of washer-sized cardboard boxes of helium-filled balloons in front of 2000 runners and then dashes off to the side as the starting cannon blasts? I have seen a lesser field literally run over a stalled lead car.

How many race directors have a running dignitary charismatically announcing over a PA system the runners as veer into the finish chute?

The Stomp is one of the most seriously contested road races in our immediate Midwest area, yet this seriousness is wonderfully balanced by Gangloff's inebriation for being on a high-strung pitch of craziness while directing the day-long event. Where chaos appears to be occupying the area, an underlying sense of order keeps things organized. Where there seems to be a zillion things transpiring, people are enjoying themselves, if not learning from the wonderful montage of speakers, dignitaries, and other runners ranging from the elite to the novice.

Both the Canterbury Green Muscular Dystrophy "Love Run" and the Blueberry Stomp provide diversified and rewarding events as the summer draws to a close.



**WE MEETING**

Monday, October 3rd, 7:00 P.M.

Where? Joan Goldners House  
9525 Muldon RD.

(if coming from lower Huntington Rd. turn south onto Winchester Rd. Then left (or east) onto Muldon Rd.)

Topic: Dian Planck, massage will demonstrate and teach the art of self massage. She also will instruct us on how to prevent muscular injuries.

Any interested female runner is invited. Come dressed casual in loose fitting clothes.



# WANTED



**SOMEONE TO FILL THESE SHOES AS**

Editor and/or Printer  
of  
**THE INSIDE TRACK**  
Starting on January 1, 1984  
If interested. please contact  
John Treleven or Jim Dupont.



(RACE CALENDAR - continued from back inside cover)

- 20 MARYLAND MARATHON - Baltimore  
10:30 a.m. - 301-882-5455  
between 10:00/5:00
  - 24 NILES THANKSGIVING RUN  
(10K, 1.5 mi jog) Holiday  
Inn, Niles, MI - 9:00 a.m.  
Athletic Annex 219-272-7565
  - 27 PHILADELPHIA INDEPENDENCE  
MARATHON - Box 7780  
Phila. 19182
- December
- 3 FROZEN FROLIC 5K (1.5 mi jog)  
Scottsdale Mall, South Bend  
8:30 a.m. - Athletic Annex  
219-272-7565
  - 4 FROSTY FIVE (5 mi, 1 mi jog)  
Mitchell, IN - Larry Moffatt,  
Route 2, Mitchell 47446  
812-849-2157
  - 11 SANTA SHUFFLE (5K, 1 mi jog)  
Linway Plaza, Goshen -  
1:00 p.m. - Athletic Annex  
219-534-2863
  - 18 CHRISTMAS CLASSIC (4 mi, 1 mi  
jog) University Park Mall  
Mishawaka - 8:30 a.m. - Athleti  
Annex 219-272-7565
  - 31 RITNY RUN - University Park  
Mall, Mishawaka - 11:30 p.m.  
Athletic Annex 219-272-7565
  - 31 CLUB KOKOMO 5K - Markland Mall  
11:45 p.m. - Ricke Stucker  
317-457-0352

**LETTER TO THE EDITOR**

R. William Schmidt  
6624 Pawana Drive  
Fort Wayne, Indiana

Dear Mr. Schmidt:

Thank you so much for helping organize the Kent Davis Marathon for Daybreak. The publicity and funds generated by this sports event is sorely needed by Daybreak Childrens Shelter now when we are just starting. The marathon was extremely well organized and a special event that Daybreak was proud to be associated with. All your hard work and time is greatly appreciated.

It is my hope that we can work cooperatively again in the future.

Sincerely,

Rachel A. Tobin-Smith  
Executive Director

## President's Message

By the time this newsletter is published I will be the past president of the Fort Wayne Track Club. This will be my last article as president. I've really enjoyed the past year and experience of being involved with a club as well run as the track club. It takes a lot of people behind the scenes to make sure everything goes OK and I'd like to use this last article to thank them.

One of the most important positions in the club is the thankless job of editor of the newsletter. This year's editor, Jim Dupont, has been a very positive influence in the club as he changed the format of the newsletter to a more light hearted approach with his cartoons and easy going approach. Jim has been involved with the newsletter in the production end for a number of years, doing the layouts and printing with the help of his Harding High School print class. Jim has had a lot of good help this year as he pointed out in his editorial last month. Jim will be greatly missed when he steps down at the end of the year. Thanks, Jim.

Another group that made my job a whole lot easier is the executive board. Don Goldner has done his usual fine job as vice president for a second straight year. Terry Shipley, this year's treasurer, has done his usual great job putting up with a real thankless job plus taking care of all of the equipment at the same time. Marsha Schmidt deserves

a round of applause for putting up with all us crazies during the year.

Without Phil Shafer you probably wouldn't be reading this. Phil takes care of the membership and themmailing labels and all the changes that need to be made each month.

The fact that so far this year's races have come off without a problem is not only due to the individual race directors but the schedule people: Charlie Brandt, Mike Kast and Tom Matner. They took care of a lot of the behind scenes work involved in putting on a race.

Another thankless job is calculating the points standing after each race. Dan Kaufman and Mike Robbins have done a fine job, especially handling the change in method of calculation being used this year.

As we all know, one of the toughest jobs is dealing with the Fort Wayne newspapers. Bill Sohaski has spent the year fighting the never ending battle of getting race results to the paper, which only usually puts part of the results in, and race announcements for future races.

There are many more people who do a whole lot for the club for very little recognition and, as usual, since I'm doing this at the last minute, they will have to go unrecognized again. Sorry!

Thanks again to everyone who has made my job a whole lot easier and more enjoyable.



# Last and least

## What's the point

.....OF THE "POINT SYSTEM"

by JIM DUPONT, Editor

This week I watched a group of people throw chickens into the air to see which one could make his chicken fly the farthest. In New Haven, women were throwing cow chips. Earlier this summer, in Fort Wayne, crews of people pushed out houses down the street to see who could do it the fastest. At the State Fair, young boys and girls were inspecting rabbits, chickens, calves, and pigs to see who could be judged by the judges to be the outstanding judges of rabbits, chickens, calves and pigs. You name it and somehow the American people can figure out a way to turn it into a competitive event.

A few years back I decided to join a local fishing club. I love fishing and so it seemed the natural thing to do. It would be fun to share my hobby with others of the same interest. One of my first activities as a member was to go on a fishing outing which, in reality, was a "fishing contest." Unlike my other happy-go-lucky friends, I found these members to be very serious and up tight. The outcome was very important to them and so they found very little time to relax and enjoy.

At the next regular meeting of the Bassmasters, a great deal of time was spent in argument over the rules and regulations of the fishing tournaments. The debate was unfriendly and argumentative. At that point, I decided to become an "X" member. Fishing is a form of fun and relaxation and I did not plan to allow this group to take concept away from me.

In many ways I have found a number of track club people who are like these fishermen. They become runners to improve themselves physically and emotionally and soon become "obsessed" with the need to prove that they are the best runner in their age group.

The controversial track club "point system" stimulates competition among the better runners. Unfortunately, the system has loop holes and many runners are inclined to play the angles to improve their standing. Sometimes it is an advantage not to run a race and sometimes it is. Unlike other sports, the system is not absolute and can not be broken down in terms of wins and losses or scores. There are too many variables and it is often questionable that the point winners are actually the best runners in their divisions.

The complicated scoring is also time consuming and the club has even considered buying a computer to keep track of it. Mike and Dan do a commendable job of keeping the program updated and accurate.

Because of the many loop holes in the system, the points race has always been the major topic at board meetings. At one point there was talk of dropping the system altogether. This brought a great response from the members who were in favor of it.

To many runners, the system offers a program that they use in order to set goals. It is obvious that it is a popular program among the better runners in that point races are generally better attended than non-point races. Race directors realize this and as a result we are constantly getting requests from them to make their race a point race.

The bottom line for me on this topic is that I am just sick and tired of hearing about the point system. I've listened to all the pros and cons so often that I have grown calloused on the subject. Why don't all the runners obsessed with winning get together and have one big race that will prove definitely who are the better runners?

At the last board meeting, during the usual long draw out debate about the system, I thought back to my Bassmaster experience and wondered if I wasn't experiencing the same situation all over again with the track club.

### WE'RE PROUD OF OUR ERRORS!

This issue marks the beginning of a new crew of graphic arts students at Harding High School. This is the fifth class to work on the Fort Wayne Track Club Newsletter. Obviously they will have made some errors. You might see some crooked copy, misspelling or other goofs due to their inexperience.

So far I am very impressed with this new group. They could well be the best I've had had the pleasure to work with in our eleven years at Harding.

We wouldn't apologize for these errors. When you consider that they have only been in class for two weeks the quality is quite good.

Yes. We are proud of our errors. How many of you broke 40 minutes the first time you ran a 10K?

# Race Calendar

By TOM LOUCKS

Information in the race calendar reflects the latest received by the INSIDE TRACK. Double check with race directors or other sources before traveling.

Send announcements or changes to Tom Loucks, Route 1, Ossian, IN 46777. (219)622-7108

October

- 1 SORGHUM SQUEEZE 10K - St. Patrick's Park - South Bend Athletic Annex 219-272-7565
- 1 5 MILE FALL RUN - Huntington, IN - 9:00 a.m. - Tracy Flynn 356-4510
- 2 SPORTS MED 10K (1.5 mi jog) Century Center, South Bend 2:00 p.m. - Athletic Annex 219-272-7565
- 8 OKTOBERFEST 10-4 RUN - OSU Lima Campus - 10:30 a.m. - Steve Higgins, 4240 Campus Dr, Lima, OH 45804
- 8 TERRY FOX MEMORIAL RUN 5K & 15K - Lambert Fieldhouse, Purdue, w.Lafayette 9:00 a.m. - Doug Lamb 317-494-3505/317-743-6645(home)
- 8 AMERICAN NATIONAL BANK OCTOBERUN (1 mi jog 9:00 a.m./5K 9:15/10K 9:45) Muncie YMCA - Steve Voss 317-747-7592
- 8 BORDER CITIES RUN FOR THE ROSES - Detroit (10K) 9:00 a.m. - POBox 77971, Detroit, MI 48227
- 9 DETROIT FREE PRESS INTERNATIONAL MARATHON - 9:00 a.m. - POBox 77971, Detroit, MI 48227
- 9 1st ANNUAL Y WOMEN'S RACE - 4 mile - Van Wert, OH - 2:00 p.m. - YWCA - Suzie Laemmler
- 9 LITE BEER LAKEFRONT MARATHON - Milwaukee, Wis. - 8:00 a.m. - POBox 17634 Milwaukee 53217

- 15 HUMAN RACE 10K/2 mi - Run Village Park, South Bend 10:00 a.m. - Athletic Annex 219-272-7565
- 15 DOUBLE EAGLE - 5 & 10 mile runs - 8:30 a.m. - Rich Radez - Eagle Creek Park, Indianapolis 2828 N. Lafayette Road, Indpls 46222
- 15 5K PREDICTION - Blackhawk JHS - 10:00 a.m. - Greg Frisinger 422-9622(home) 425-7313(office)
- 16 COVERED BRIDGE FESTIVAL 10 mi - Mansfield - 8:00 a.m. Robert Lemont 317-344-1120
- 16 COLUMBUS BANK ONE MARATHON 10:00 a.m. -614-889-9079 (deadline 5000 runners)
- 16 AMERICA'S MARATHON - Chicago 9:15 a.m. - 312-951-0660
- 23 RATHSKELLER RUN 10K (1.5 mi) Mishawaka - 1:00 p.m. - Athletic Annex 219-272-7565
- 23 CLUB KOKOMO 5K Cross Country RUN (Highland Park) 1:00 p.m. Ricke Stucker 317-457-0352
- 23\* HOME LOAN 10K - Freimann Square, Fort Wayne - 2:00 p.m. 219-422-3502
- 29 HALLOWEEN RUN 5K & 1 mi - University Park Mall, Mishawaka - 10:00 p.m. - Athletic Annex 219-272-7565

- 29 PLEASANT RUN 5 mi Run - Pleasant Run Parkway Indianapolis 10:00 a.m. Garry Petersen, 5926 University Ave. 46219
- 29 PENDLETON AUTUMN CLASSIC RUN 15K - Pendleton, IN.
- 30 CALITHUMPIAN CENTER - Decatur, IN (Belmont HS) 5 mi - 2:00 p.m. - Fred Ruppert, POBox 125, Decatur 46733

November

- 5 JOHN J. PORTER MEMORIAL MARATHON - Grand Valley State College, Grand Rapids, MI 49503 - 616-458-1141 x244
- 5 OMAHA RIVERFRONT MARATHON - 8:00 a.m. - 3117 Golden Blvd. Omaha 68123
- 6 MARINE CORPS MARATHON - Washington, D.C. - 9:00 a.m. 703-640-2225 or 640-2720
- 6 RUN FOR HUNGRY CHILDREN (10, 4, 2 km) Dowagiac, MI 9:00 a.m. - Ron Gunn 616-782-5113
- 13 MARINE 10K (1 mi jog) AFRC, South Bend - 9:00 a.m. - Athletic Annex 219-272-7565
- 13\* FWTC 9K Cross Country Run - Bluffton, IN
- 19 MARION MARATHON (Justice HS) Marion, IN 9:00 a.m. - Kermit Welty 317-664-0544
- 19 JONAH INSTITUTE 10,000 - Marion, IN 9:00 a.m. - Kermit Welty 317-664-0544 (in conjunction with Marathon)
- 19 HOLIDAY MILE - South Bend Americana Hotel 8:45 a.m. Athletic Annex 219-272-7565
- 19 LAKESHORE MARATHON - 10:00 a.m. CST - Dunes Running Club Michigan City 46260
- 19\* FWTC 25K - Homestead HS Fort Wayne, IN
- 20 BEARS OF BLUE RIVER CROSS COUNTRY RUN (5K) Elks Country Club, Shelbyville 1:00 p.m. - Ray Sears 317-392-1903
- 20 TURKEY TROT (10K, 3.76 mi) SMC, Dowagiac, MI 1:00 p.m. Ron Gunn - 616-782-5113

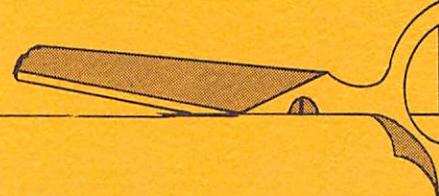
(Race Calendar continued on Page 18)

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 \* FORT WAYNE TRACK CLUB POINT RACES  
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DO A FRIEND A FAVOR . . . .

Give this card to them and invite them to  
start enjoying the benefits of the . . . .

**FORT WAYNE TRACK CLUB**



M A  
E P  
M P  
B L  
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R C  
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P O  
N

Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Sex \_\_\_\_\_  
 Address \_\_\_\_\_ Phone \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Occupation/Employer \_\_\_\_\_ Phone \_\_\_\_\_  
 Annual Mbshp. \$10.00 = \$ \_\_\_\_\_  
 Ea. add'l. family mbr, \$5 ea. \_\_\_\_\_ = \$ \_\_\_\_\_  
 (\$20.00 max. per family) Total \$ \_\_\_\_\_

TRACK CLUB USE:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Make checks payable to Fort Wayne Track Club and mail to:  
Fort Wayne Track Club, P.O. Box 11703, Ft. Wayne, IN 46860

New \_\_\_\_\_ Renewal \_\_\_\_\_

FORT WAYNE TRACK CLUB APPLICATION:  
(list name, age, and birthdates of each member)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



**FORT WAYNE  
TRACK CLUB**

Bulk Rate  
U.S. POSTAGE PAID  
Ft. Wayne, IN  
Permit No. 1799

FWTC NEWSLETTER  
P.O. Box 11703  
Fort Wayne, IN 46860

RETURN  
POSTAGE  
GUARANTEED